November

Extedned Family Programs

Monday	Tuesday	Wednesday	Thursday	Friday
2 meatloaf ** 1/2c peas 1 WGR wheat bread 1 Fresh Orange 8 oz milk	**3** macaroni and cheese ** 1/2c mixed veg 1 pack apple slices 1 WGR wheat bread 8 oz milk	**4** BBQ Rib Sandwich 1/2c peas 1/2c pineapple 1 WGR hamburger bun 8 oz milk	**5** cheese fillled breadstick ** w/ marinara 1/2c broccoli 1/2c diced pears 8 oz milk	**6** Lasagna Roll Up ** 1/2c side salad w/dressing 1 Fresh Orange 1 WGR breadstick 8 oz milk
9 Fish Sticks ** 1/2c carrots 1/2c diced peaches 1 WGR wheat bread 8 oz milk	**10** chicken patty 1/2c potato cubes 1/2c strawberry applesauce 1 WGR hamburger bun 8 oz milk	**11** **closed**	**12** chicken nacho w/ cheese sauce ** 1/2c green beans 1/2c diced peaches 1 WGR wheat bread 8 oz milk	**13** Grilled Chicken Breast 1/2c Broccoli 1/2c mandarin oranges 1 WGR hamburger bun 8 oz milk
16 sloppy joe 1/2c peas 1 fresh orange 1 WGR hamburger bun 8 oz milk	**17** Hot Dog 1/2c baked beans 1 applesauce cup 1WGR hot dog bun 8 oz milk	**Thanksgiving Special** **18** Roast turkey w/gravy ** 2 oz bread stuffing 1/2c mashed potatoes ** 1/2c corn 1/2c mixed fruit 8 oz milk	**19** Egg Omelet ** 1/2c tater tots 4 oz 100% orange juice 1 WGR wheat bread 8 oz milk	**20** Corn dog ** 1/2c mixed veg 1/2c pineapple 1 WGR wheat bread 8 oz milk
23 cheeseburger ** 1/2c golden potatoes 1 Fresh Apple 1 WGR hamburger bun 8 oz milk	**24** Roast beef w/gravy ** 1/2c cheesy mashed potatoes ** 1 pack apple slices 1 WGR wheat bread 8 oz milk	**25** **No School**	**26** **Happy Thanksgiving** **No School**	**27** **No School**
30 BBQ Ham Sandwich 1/2c green beans 1/2c applesauce 1WGR hamburger bun 8 oz milk			Served with Milk WGR = whole grain rich 100 % juice **menu subject to change*	